

"Writing Your Story" Program

Ever thought you'd like to write something about your life, but didn't know how to start? Or started, but didn't know how to pull it together? This program could be for you.

Led by experienced writer, editor, teacher and fellow "Be Uplifter", Fran Ross, the program was originally planned as face-to-face workshops to occur in June. Because of the COVID-19 situation, it has now been adapted as a "distance" program.

Program Leader Fran Ross

Fran has had breast cancer and is part of the Be Uplifted network.

She is retired now, but has decades of experience as a professional writer, editor and manuscript assessor, and a mentor and teacher of writing (in schools, universities and arts organisations). Her work included television (documentary, docudrama and drama), corporate, government and educational media (writing, producing and directing), short stories, biography, multi-media, columns for *The Courier Mail* and articles for several literary journals. Some of her work won Australian awards, and she had leadership roles in the arts community in Brisbane and nationally.



Aims of the "Writing Your Story" program

This program is intended to:

- Inspire you to release a story within you
- Help you decide who you're writing for (it may be just for yourself)
- Help you find ways to get your thoughts on paper
- Help you pull together your ideas in a form that works for you.

This program is NOT intended to:

- Turn you into a professional writer
- Help you prepare/polish something for commercial publication.

How the distance program will work

All you need to do is let Wendy know that you intend to participate. This helps Wendy to assess levels of interest in this type of activity.

You will NOT be asked to share what you have written. Everything you write will be *just for you* until you want to share it with others or with your personal intended reader/s.

If you wish to raise anything for discussion with Fran, you may do so by email:

franlaneuse@gmail.com

If you do that, please put in the email subject heading: WRITING – followed by your first name.

Anything you choose to share with Fran will be held in strict confidence.

There are five sessions in the program. You may move through them at your own pace.

When you decide you have finished, please answer the **feedback** questions at the end and send your responses to Wendy. We hope this program might provide something fresh in your life during the coming difficult weeks.